

Useful  
Hints

## Woman and Home

Ethical  
Talks

## What to Wear

New Tonneau Frock Has Hip Eustles of Horse Hair.

By Mme. Qui Vive.

Nothing exceeds in weariness the other woman's description of her new frock, unless it be father's flustering symposium of his golf triumphs. There's an awful lot in this world to make a woman tired!

One of the prettiest hat trims of the season is an immense rose made of mauline.

On the new mushroom shape with high crown these roses are adorable. Only the most artistic fingers can execute them. The heart of the rose appears soft and petal-like, while the mauline is placed round and round in the cleverest manner imaginable. The modistes reveal the secret: These roses must be made on the hat itself. And the trick is a gift from heaven, almost.

An extremely wide canotier of purple mauline is a double-decker with duplex brim. A bias band of mauline extends over beyond the brim itself, posed directly in front are two mauline roses, one of purple and the other of faded greenery-valley. If you know what that color may be, it is a hat for a royal head! Yes, and for a head that is full of brains and good taste and an appreciation of life's splendid privileges!

Small hats are gradually giving way in favor of larger shapes. The change was bound to come in time. Entire crowns of crushed flowers and foliage, laid very flat, are seen on salons. Stunning mushroom have no decoration other than bird designs embroidered on the straw itself. Frequently nothing more than a cockade is employed.

A large, floppy hat of black hair braid has a single ostrich plume in king's blue.

The "tonneau" skirt, which is a skirt that is as flat as a board back and front and which bulges out at the sides like the trappings of a pack horse, is not confined particularly to evening frocks. It shows up on some of the best models of afternoon costumes. The illustration depicts an idea that is typical of the mode.

While diaphanous fabrics lend themselves more lightly to the whiteboard and horsehair distinctions, we see that taffeta can be utilized. In this case the front panel of the skirt is rather full, and so is the back. The sides are covered with half a dozen narrow ruffles, and on these ruffles rests the peplum, which stands out almost straight into the air.

More ruffles finish the double-tiered skirt, and still more are used at the throat line of the bodice to form an



The "Tonneau" Skirt.

abbreviated cape. The material of the pretty robe is hyacinth taffeta and the full vertee is of peach-colored crepe georgette. There is no belt, only a thin buckle of mother of pearl. Long coats of tulle or taffeta and very full. The bodice part does not appear to amount to much, and it usually has a cape. Trimmings of ruffles and ruffles are numerous. Linings are beautiful and plain crepe de chine in pastel that is used as frequently as the more dashing dorette designs or stripes.

For day wear the long coat may be made of gabardine, broadcloth, glazed taffeta, or any of the new checked novelties. As a rule they button at the side. Sleeves are very large, often with dropped armholes; large sleeves suit the full, short-waisted body portions.

Boats made of straw and the fabric of the coat when the coat is silk are not unusual.

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Spring Is Here  
By William Brady, M. D.

The robins are not always reliable. The birdy-giddy often leads us astray. Oxford is worn by some aggressive individuals the year round, garden tools were featured in the store windows weeks before the last freeze-out. Spring is here now for sure. We can tell by the letters about foot troubles recently pouring in.

Here is a sort of composite copy of them all—with a kind of general reply, in the hope that our labors may be lessened enough to permit a day's halting, yet not leave any reader in distress.

I have pains in the tops of my feet—more like a burning, worse at night or in the evening. My feet swell, my calves and hips ache. My feet perspire a great deal, and they tire early in the day. I am a clerk, and on my feet eight hours. Please advise me what to do.

Nine out of ten of these letters come from young women. Of course, they all try to dress fashionably. This year women's shoes have been something horrible, speaking in a strict hygienic sense. We frankly admit that women's feet look more attractive than ever before—yet we insist the shoes are atrocious. There are more foot

troubles than usual this spring. This is why:

The toes are too pointed. The forefoot is too far outturned from the straight inside sole line. The heels are too narrow and too high—beautiful, yes, but ruinous to a woman's health. Otherwise the shoes are admirable, and the women who wear them, God bless them, are lovelier every year.

Well, a woman can never wear too much color. On her face or her shoes it doesn't matter.

Now, here is the answer: Get a pair of shoes with rounded, not square or ugly toes, straight, or nearly straight, inside sole lines—there should be little or no space between the tips of the toes when heels and soles are touching each other. See that the heel is two inches wide—Venus has a heel that wide—and never more than two inches high, better one inch high. Wear these shoes, and you'll have no foot troubles, no bare-foot every chance you get. The feet will never learn to like leather.

**Questions and Answers.**

—Please tell me the name of the best family doctor book to keep in the house. I don't want any conglomeration of sure-cure recipes, but a reliable book to consult for advice upon minor ailments.

**Answer.**—We expect to call it "Personal Health," but the title may be changed before the book is published. Our publisher is the slowest in the business, slow but sure. No doubt the work will be acclaimed from ocean to ocean when it does appear.

**Aunt in Wrong.**—Whenever I get a cut, scratch or pimple it takes months to disappear entirely. Friend Aunt declares it is a sign of a mean disposition when things take so long to heal, and that when she has anything similar it heals in a few days. As it is rather late to alter my disposition, I thought you may be able to suggest some simple remedy.

**Answer.**—The easiest way out, we should think, is to change your aunt. She isn't sound. Exchange her for a vial of iodine and a vial of denatured alcohol. When you cut or scratch yourself, swab the place with iodine, then seal it over with the collodion.

**A Weeping Sneeze.**—A year ago I strained the wrist, and ever since there has been a soft bunch on the back of the wrist. Is there any way to reduce this, or must it be cut out?

**Answer.**—Well, the simple way would be to have the sac removed by your doctor, under a local anesthetic, at his office or your home. That will relieve it—assuming it is a weeping sneeze.

Woolen Shirts Cool  
Why Army Uses Them

To many persons it has long been a mystery why the privates of the United States Marine Corps and Army are required to wear heavy woolen-khaki shirts in the hottest days of summer and even in tropical climates, where the temperature hangs around 90 degrees the year around.

In spite of the apparent inconsistency of such a practice, its value in preserving health and life has been many times proven, and the woolen shirt is now an indispensable adjunct to the equipment of all well-regulated armies.

This shirt fulfills many functions. In the first place, it absorbs all excessive moisture and perspiration, evaporating it into the air as rapidly as it is formed. A cotton or silk shirt, being a poor evaporator, soon collects so much moisture that it becomes wringing wet.

When there is sufficient perspiration to dampen the clothes, the body undergoes a reaction of temperature. With a cotton or silk shirt, there is danger of a serious chill. With the woolen-khaki shirt, on the contrary, sudden changes are impossible, and the cooling process is gradual and natural.

For many years it has been the practice in some armies to require the men to wear wide bands of woolen cloth around the abdomen day and night to prevent chill and feverish conditions from attacking the intestines and causing dangerous diseases. This practice evolved into the khaki-wool shirt.

Another great advantage of this

new theory in clothing, especially in the tropics, is the protection afforded against the bites of disease-breeding mosquitoes and flies. Tropical malaria, yellow fever, elephantiasis, and many other dangerous diseases are transmitted by the mosquito. This insect is able to sting very freely through light cotton and silk garments, but, in the fleecy surface of the khaki shirt, his proboscis becomes hopelessly entangled, and he is unable to do any harm.

Purifying Water  
Making Worst Fit to Drink

One of the most dangerous conditions involved in all warfare on land is the frequent necessity the troops are under of drinking polluted water from ditches and gutters along the line of march.

To a large extent this has been overcome by the United States Army by the use of a very compact and efficient filter. Whenever time allows, pause in a march long enough to build a fire, it is now possible to take the dirtiest water, even sewage, and, by passing it through this filter, to make it a clear and sterile drinking water.

The suspected water is first poured into a galvanized cylindrical can with convenient handles on the rim through which a pole may be passed to assist in carrying it over the shoulders of two men. These cans are made in any desired size, according to the amount of water required.

A brisk fire is built and the cans supported over it until the water comes to a boil. This kills the micro-organisms which carry typhoid fever and many other diseases, dangerous and fatal to troops.

After boiling the water is cleared by an ingenious new mechanical and chemical process.

A hollow cylinder of aluminum, perforated with small holes, is wrapped in a sterilized white flannel cloth. In this cylinder a chemical compound of carbonate and alum is placed. Fastened to this cylinder is a pipe connection with an ordinary faucet, which draws the water by siphon effect.

The inner cylinder is lowered into the boiled water, which may still be full of impurities and mud. The water immediately rushes through the perforated aluminum cylinder, while the flannel bandage removes the coarseness of the impurities. Here the carbonate and alum attack the remaining suspended impurities, gather them by coagulation and precipitate them to the bottom of the container.

Water drawn from the siphon faucet has been altered from a state of extreme pollution to a 99 per cent purity and a clarity unsurpassed by any spring. In this way enough water is secured to supply the canteens until the next halt is made.

## Menu Suggestions

**Breakfast.**  
Oranges  
Cereal with Sugar and Milk  
Panned Chops  
Baked Potatoes  
Graham Gems  
Coffee

**Lunch.**  
Deviled Crabs  
Watercress Sandwiches  
Gingerbread  
Chocolate

**Dinner.**  
Cream of Celery Soup  
Sweetbreads  
Creamed New Potatoes  
Green Peas  
Carrots  
Hot Biscuits  
Fruit Salad  
Sunshine Cake  
Orange Ice  
Coffee

## COLLIDES WITH LIGHTSHIP

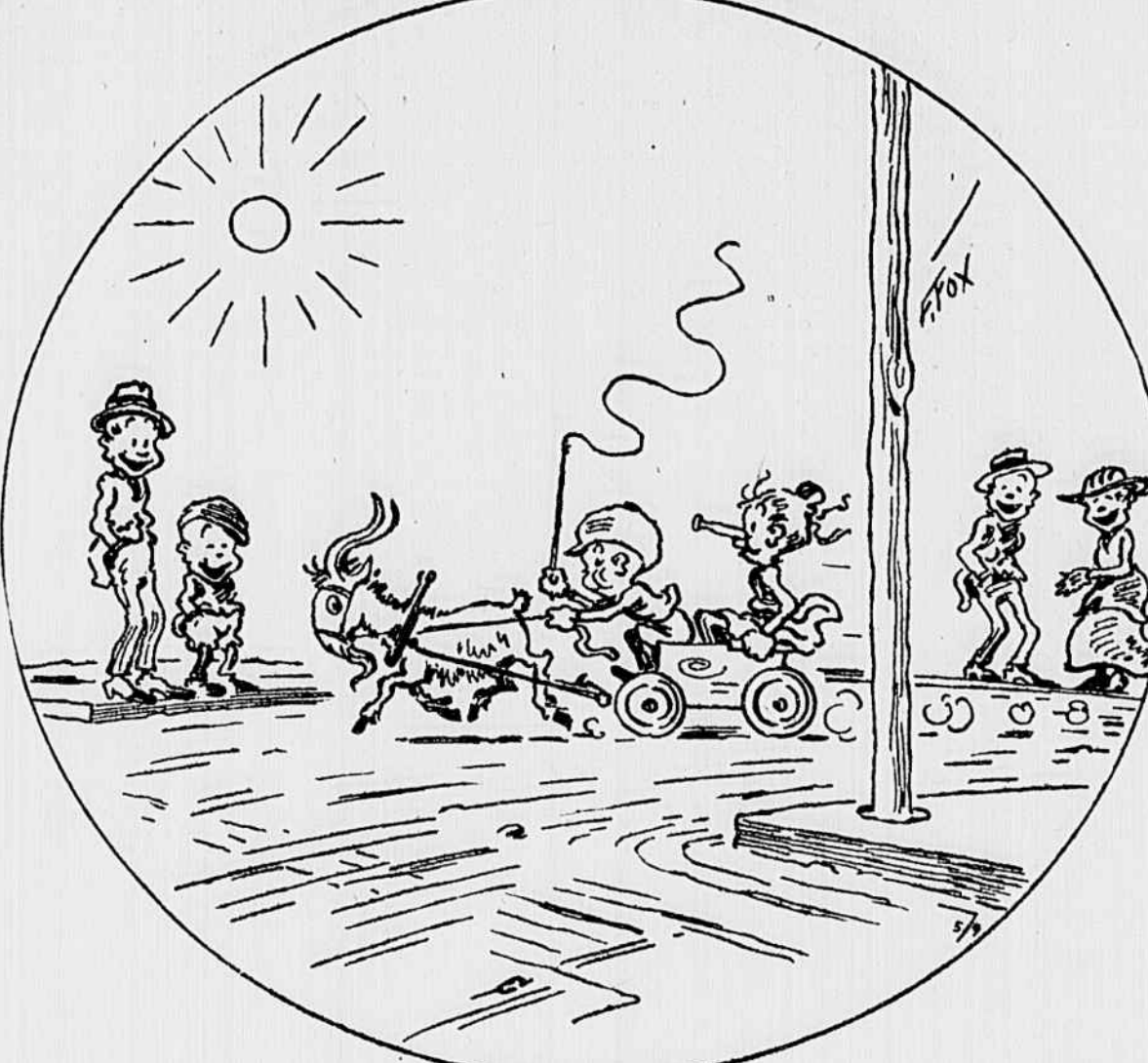
Liner Philadelphia Asks That Relief Vessel Be Sent to Take Place of Disabled Steamer.

NEW YORK, May 8.—The steamship Philadelphia, of the Leyland Line, reported by wireless to-day that she collided with the Fire Island Lightship outside this port early to-day, and was bringing the lightship to New York. The captain of the Philadelphia requested that a relief lightship be sent

## Jimmy Is Cured of His Love for Mamie Since He Took Her Driving and She Played Him That Dirty Trick

(Copyright, 1916, by the Wheeler Syndicate, Inc.)

By Fontaine Fox



to take the place of the disabled vessel.

The Philadelphia is a steel steamer of 3,322 tons, built at Belfast in 1891. She sailed from London for New York April 20.

Officers in charge of the United States Lighthouse Service station on Staten Island said they had been advised of the injury to the Fire Island Lightship early to-day. The accident occurred shortly after 4 A. M., the Philadelphia striking the vessel, a glancing blow while passing during a heavy mist. No serious damage was suffered by the lightship, the officers said, although a tender was immediately dispatched to her aid.

A relief vessel probably will take her place while the damaged ship is being repaired.

## FIXING UP COLISEUM

Active Preparations for Republican National Convention Being Made in Chicago.

CHICAGO, May 8.—Active preparations for the opening of the Republican

National Convention here on June 7 were started to-day, when carpenters began the transformation of the Coliseum into a convention hall. William F. Stone, of Baltimore, sergeant-at-arms of the convention, is already here to take actual charge of the preparations.

According to present plans, the full national committee will meet on June 2 to make up the temporary roll of the convention. It was said to-day, so far, only eight contests have been filed, as against 235 four years ago.

## DEMOCRATIC CONVENTION TO KEEP VISITORS OFF FLOOR

They Will Be Restricted to Galleries and Boxes, Only Delegates and Alternates to Occupy Main Section.

NEW YORK, May 8.—Delegates and alternates to the Democratic National Convention at St. Louis on June 14 will occupy the main floor of the Coliseum exclusively. It was announced to-day by Chairman McCombs, of the national committee, that visitors will be restricted to the galleries and boxes for the first



## The Cup That Cheers Most

is the cup that is the most wholesome—for unpleasant after-effects can mar the keenest pleasure.

With the usual hot table drink, whether it be coffee or tea, there results to many persons an inconvenience in health which calls for a change.

## Instant Postum

is rapidly filling this table want, and in a way satisfactory to taste, comfort and enjoyment.

The rich, mellow flavour of Instant Postum closely resembles that of mild Java coffee, and its absolute purity makes it a prime favorite of both parents and children.

Instant Postum is quickly prepared at table, a cup at a time. Simply place a level teaspoonful of the soluble powder in the cup, pour on hot water, then stir and add cream and sugar to taste. No waste.

## "There's a Reason" for POSTUM

At Grocers everywhere.

White, of this city, well known as a referee of boxing contests, doorkeeper of the convention, the whole interior of the Coliseum will be painted white, with special decorations. About 100 feet of the roof will be removed and a glass roof installed to provide better light and ventilation.

The 400 press seats will occupy two sections on either side of the ground floor and a space in front. Prominently mentioned for the honor of temporary chairman are Governor Ferris, of Michigan; Senators Reed and Stone, and former Governor O'Shea, of New York. No announcement of a choice will be made until the meeting of the arrangements committee on June 2.

No Lecture at Art Club.

The usual lecture at the Richmond Art Club will be dispensed with this afternoon on account of the music festival, which is being given under the auspices of the Wednesday Club.

## SURELY ONE OUGHT BE GRATEFUL

When, After Suffering for Several Years, Medicine is Found to Bring Back Health.

Richmond Lady Profoundly Grateful for Tanlac's Aid.

"One surely should be grateful when two bottles of any medicine help one as much as Tanlac did me. I really believe had I not taken the remarkable medicine I would have been seriously ill by this time. Words cannot express how badly I felt. For several long years I had been a sufferer from stomach trouble and indigestion. Sour stomach and all that it means was my share, and I had absolutely no appetite to mention. My digestion was so poor at times I could not assimilate the simplest foods, and when I did eat anything I would spit it up in a few moments. Violent attacks of nausea and sick stomach would make me so weak for want of nourishment I would be forced to bed. After feeling as I said, I began taking Tanlac, and soon noticed an improvement. At last I can say truthfully that Tanlac has done me more real good than all the other medicines put together, and I have been taking the stuff for several years. Under these circumstances such wonderful relief from an ailment of such long standing is worthy even word of praise. I can bestow upon it, and I recommend it as a wonderful medicine." said Mrs. Celestine Sessions, 1836 Taylor Street, a well-known Richmond lady, and day after day others are urging men, women and children who are troubled from stomach trouble to thoroughly try this splendid medicine for ailments of this kind. The whole group of troubles arising from a common source, and Tanlac has won an enviable reputation as the only remedy so far discovered capable of quickly removing the cause and restoring health, appetite, digestion and deranged vital organs, such as the stomach, kidney or liver.

Richmond people all around us are being benefited, and so remarkable are the powers of the new medicine, hundreds are daily praising it to their friends. Polk Miller drug stores and Tragle's drug store recommend Tanlac, and it may be procured at either of their stores.—Advertisement.

## Furniture

Visit our store and see the new patterns we are showing. Correct in design and most attractive in appearance. The construction, workmanship and finish will meet with your approval. We allow a liberal discount for cash.

Cash or Credit.

Rothau & Co.

Fourth and Broad.

SUMMER EXCURSION FARES  
ON  
NORFOLK & WESTERN  
RAILWAY

Round trip tickets at greatly reduced rates will be on sale daily from May 15th to October 31st, with final limit October 31, 1916. A Pullman parlor car (broad service) leaves Byrd Street Station on 9:50 A. M. train every day, running through without change to Lynchburg, Forest, Montvale, Blue Ridge, Roanoke, Salem, Elliston, Shawsville, Christiansburg, Pulaski, Wytheville, Marion, Chilhowie, Glade Springs, Abingdon, Bristol, and a fast summer resorts intermediate. Call at Norfolk and Western Passenger Office, corner Ninth and Main Streets, or send name and address for new summer resort folder.

C. H. BOSLEY,  
District Passenger Agent.

Jefferson Market Bulletin—No. 4

The Jefferson Market  
Keeps Open All Day

so that nonplussed housewives need not be frantic if company comes in unexpectedly. A call over the telephone will bring in a few minutes any one of the following meats and delicacies:

MEAT DEPARTMENT—STALLS 22-23—  
RANDOLPH 2517

Pot Roast Beef	16c
Chuck Steak	29c
Pork Chops	20c
Stewing Lamb	15c
Sugar-Cured Hams	20c
Sirloin Steak	22c
Sliced Bacon	24c
Fresh-Killed Fowl	22c

DELICATESSEN—STALLS 36-37—  
RANDOLPH 3680

Crisco, can	26½
Potato Salad	10c
Ham	30c